

SCHEDULE FOR SUMMER PROGRAM STUDENTS

- 7:45-9:00 Extended hours students drop-off
- 9:00 Full day students drop-off
- 9:05 Warm-ups, stretching and conditioning
- 9:30 Gymnastics (all gymnastics apparatus)
- 10:45 Snack (provided by parents)
- 11:15 Arts & Crafts
- 12:30 Lunch (provided by parents), Half day students pick-up
- 12:30 Prepare for afternoon activities
- 1:00 Monday, Tuesday & Wednesday: Hip Hop, Karate
Thursday: Gym Activities (color wars, camp parties, games, dodgeball, capture the flag, etc.)
Friday: Themed Events (carnival, intrasquad competition, pizza party, etc.)
- 2:45 Snack (provided by parents)
- 3:00 Pick-up of Full day students
- 3:00-5:45 Pick-up of Extended hours students
- Schedule subject to change. This is just an idea of how activities will be scheduled.**